

DATE: 20/09/2023

TIME: 11.00 AM

WORKSHOP 30

HEALTH EDUCATION IN CANCER PATIENTS: A RE- NEWED PARADIGM OF "ACTIVE" PREVENTION



105 minutes

The medical world is aware about the importance of an integrated approach to cancer. Since the first WHO definition of health (1948) there has been an evolution leading to a different and more dynamic conception.

Lifestyle is just a part of only one of the "4 determinants of health"

Health is a dynamic concept: even in illness it is always present as an ability to adapt to life. This awareness is critical to nurturing health potential. A paradigm shift from "fighting disease" to "feeding health" is needed. The cure belongs to the doctors, health is a patients' skill and responsibility. However, they must be properly educated so that they can learn what health and wholesomeness are and how to support them.

No healing is possible without the patient's "active" contribution in changing in the direction of physical, psychological, social and spiritual health.

- Evolution of the definition of HEALTH according to WHO from 1948 till now
- The Ottawa Chart and the current state of the medical world's view of health: the need of a new paradigm in HEALTH promotion
- Role of the patient in the process of treatment and recovery
- Importance of health education at all levels
- ACTIVE VS PASSIVE prevention concepts
- Personal experience of the author
- Possible scenarios: imagine the next future...
- Discussion with participants and collection of intervention proposals to promote health education in cancer patients to create a Health Educational Network

Speakers



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