

## WORKSHOP 20

DATE: 20/09/2023

TIME: 8.30 AM

### Challenges of evidence-based medicine in the context of integrative Medicine and Health: PAHO/WHO and CABSIN perspective



105 minutes

*The workshop "Challenges of evidence-based medicine in the context of Integrative Medicine and Health" addresses implementing evidence-based medicine in traditional, complementary, and integrative medicine. It emphasizes high-quality evidence through systematic reviews, evidence maps, and repositories to inform policymakers and practitioners. Methodological challenges and strategies for advancing evidence-based approaches in TCIM will be discussed, emphasizing transparency and rigor in research. Drawing from the PAHO/WHO publication, the workshop explores TCIM's potential in public health and reducing health inequities. It also examines evidence maps and repositories' role in guiding research priorities and fostering collaboration. Ultimately, the workshop aims to integrate TCIM practices into mainstream healthcare, improving health outcomes and well-being.*

#### Session 1: Evidence Maps in the Field of Integrative Health

*Presenter: Ricardo Ghelman, MD, PhD / Brazil*

- Introduction to Evidence Maps
- Significance of Evidence Maps in Integrative Health
- Examples of Successful Evidence Mapping Projects
- Methodology for Developing Evidence Maps
- Practical Applications for Policymakers and Practitioners
- Q&A Session (5 minutes)

#### Session 2: Evidence Repository and Methodological Challenges in TCIM Area

*Presenter: ND Caio Portella / Brazilian Academic Consortium for Integrative Health*

- Understanding the Concept of Evidence Repository
- The Role of Evidence Repositories in TCIM
- Challenges in Building and Maintaining TCIM Evidence Repositories
- Strategies for Overcoming Methodological Challenges
- Ensuring Quality and Reliability of Data
- Collaborative Efforts for Sustaining Evidence Repositories
- Q&A Session (5 minutes)

### Session 3: Evidence-Based Medicine in the Context of TCIM

*Presenter: Rafael dal Alba, PhD – PAHO/WHO*

- Overview of Evidence-Based Medicine (EBM)
- EBM Application and Adaptation in TCIM
- Integrating Traditional and Modern Evidence Sources
- The Importance of Rigorous Methodology in TCIM Research
- Addressing Biases and Limitations in TCIM Studies
- Bridging the Gap Between Evidence and Practice
- Q&A Session (5 minutes)

Panel Discussion (15 minutes)

## Speakers

**Ricardo Ghelman**, MD, PhD / Brazil (Brazilian Academic Consortium for Integrative Health).

**ND Caio Portella** (Brazilian Academic Consortium for Integrative Health).

**Rafael dal Alba**, PhD – PAHO/WHO).