

DATE: 22/09/2023

TIME: 11.00 AM

SYMPOSIUM

Measuring Health - Salutogenesis and Hygiogenesis-orientated Questionnaires for the Evaluation of Integrative Medicine - Theory, Evidence and Perspectives

105 minutes

One of the pillars of Integrative Medicine (IM) is its focus on health promotion and strengthening healing even in chronic conditions. Robust evaluation of IM effectiveness needs to focus on its effects on health and healing processes at physiological (hygiogenesis) and psychosocial (salutogenesis) levels. In order to measure healing effects of IM interventions, there is a need for such validated patient-reported-outcome-measures (PROMs). The international S-HEAL group works on developing, translating and validating saluto-/ hygienetic PROMs. The symposium is intended for researchers, physicians and other health care professionals with an interest in psychometric measures for evaluation in the field of Integrative Medicine.

Moderation: E. Portalupi; G. Feder

1. About the S-HEAL group - M. Kröz - 5 min
2. Health and regulation - E. Baars - 15 min
3. Resilience and Internal Coherence Scale - A. Mehl - 15 min
4. Physiological Principles of Hygiogenesis, how to measure? - C. Gutenbrunner - 15 min
5. Concept of autonomic regulation (aR), an overview - R. Zerm - 15 min
6. Practical use of hygiogenesis/salutogenesis scales in a pilot trial on mistletoe in early breast cancer - A. Huntley - 15 min
7. Future perspectives of the S-HEAL group - M. Kröz - 15 min
8. Final discussion - 10 min

Speakers

E. Portalupi

G. Feder

M. Kröz

E. Baars

A. Mehl

C. Gutenbrunner

R. Zerm

A. Huntley